

Your Move 2018 Awards Winner Profiles

Achieve category

Local Government - City of Albany - Albany's Cycle City Strategy

Albany's Cycle City Strategy is a bold vision to transform Albany into one of Australia's best cycling destinations.

The strategy has been led by a TravelSmart Officer at the City, who worked with a number of stakeholders to find ways to improve the network and promote cycling to schools, local businesses and the community.

The City of Albany went a step further, developing a travel plan for its own office to get staff using bikes. The travel plan features a fleet of e-bikes, improved end of trip facilities, regular Ride to Work breakfasts, and e-bike leasing for staff.

The strategy led to some impressive outcomes:

- More than 25km of cycle lanes were installed or upgraded
- End of trip facilities were improved at 15 locations around Albany
- School bike education sessions were provided to more than 500 students
- The RAC e-bike trial meant more people gave e-bikes a go
- The production and distribution of the Albany TravelSmart and 10 Great Rides maps
- The delivery of the Share the Road and Path signage and education campaign.

School - Albany Primary School - The Your Move Journey

Albany Primary School has taken a whole of school approach to implementing Your Move. As part of this approach:



- The school has a teacher supported Your Move student team of Year Five students
- A parent volunteer led Walking School Bus operates morning and afternoon, four days a week
- A series of special events such as Fume Free Fridays and National Ride2School Day encourage active transport
- A series of Council supported bike skills and maintenance education workshops have run, to improve the student's bike riding skills
- Infrastructure has recently been improved, with new scooter racks and signs (using Your Move points).

This has resulted in consistent Hands Up Survey results showing a reduction in students getting to school by car, with students saying they feel better and enjoy getting active.

Workplace - City of Subiaco - Staff Sustainable Transport Initiatives

The City of Subiaco promotes a number of sustainable travel initiatives supporting staff to choose different travel options to get to work and business meetings.

Staff members are offered a Sustainable Travel Allowance instead of a parking permit if they are travelling to work by active transport, currently at \$9 per day. Each year 30 to 40 per cent of eligible staff choose the travel allowance as an incentive for active travel.

Four SmartRiders are available to staff for business trips. Each of the four cards is used at least once or twice per week, and over the last two years there has been a total of 145 SmartRider journeys. A pool e-bike fleet is also well used by staff.

Innovate category

Local Government - City of Cockburn - Glow in the Dark Path

Glow in the Dark Paths have been installed on dark sections of the coastal shared path – the first glow paths in WA. The glow in the dark Moon Deck treatment helps activate the shared paths at night by enabling walkers, runners and bike riders to find their way and feel safer.

The Moon Deck has been well supported by the local community and received significant positive feedback. Improved facilities are to be supported by a new app, Explore Cockburn, to be launched soon. This user-friendly app will provide maps highlighting the Moon Deck sections and bike trails to key destinations in Cockburn.

School - Baldivis Secondary College - Year 7 Transition Project

The Year Seven Transition Project increased the number of Year Seven students choosing active transport to get to school compared to previous years.

The program targeted families before the children started Year Seven with lots of great transport information and resources.

Once the students got to school, they participated in a number of workshops embedded in the Science curriculum.

These workshops involved the Green Team student leaders to foster peer to peer learning. The Transition Project helps minimise the stress of the move to high school, supports students to develop independence and resilience, and connect positively with their local community. Parents and children alike have reported feeling more confident in choosing independent travel options, and staff have observed reduced vehicle traffic around the school.

Workplace - Arup - Six Week Wellbeing Challenge

Arup's Six Week Wellbeing Challenge ran from April to June 2018 to promote health and wellbeing for staff, with a strong focus on moving more.

The Team Step Challenge and Walk It Wednesdays kickstarted people to get moving more with some healthy competition between teams. The walking and breakfast club got people from different teams walking in a fun and interactive way, with a tour of Arup projects around the city.

Arup employees were encouraged to think about their daily commute and work travel, and how they could build more activities into their day. In a Your Move lunch and learn session employees were asked to complete a Commit to Change pledge.

A recent travel survey shows that 20 per cent of Arup employees walk or cycle to work.

Champion category

Local Government - Jillian Woolmer, City of Cockburn

Jillian Woolmer has spent the past 22 years championing active transport, with a strong focus on encouraging women to ride.

Passionate about cycling, Jillian spends her spare time encouraging more women to get involved in cycling and feel confident on bikes. She uses fun and innovative ways to encourage more people to shift to active transport, helping get colleagues and the City of Cockburn community involved in active transport.

Jillian won the Public Health Advocacy Institute WA Awards for Road Safety and Active Transport.

School - Amy Ham, Lakelands Primary School

For the past four years, Amy has been coordinating and implementing active travel initiatives at Lakelands Primary School. Each year she selects a Your Move student team, and volunteers to develop fun and exciting ideas with students to capture the interest of the whole school with new ways to get more active.

Amy is responsible for conducting Hands Up Surveys each term to track results, promoting Your Move to students and parents and hosting events such as Footprint Friday and scavenger hunts.

Workplace - Shannon Savage, Curtin University

Since becoming Curtin University's Manager of Integrated Transport in 2017, Shannon has used her transport planning, and behaviour change knowledge and experience to implement changes around campus.

Shannon has advocated for active transport users on campus by improving end of trip facilities, updating pedestrian crossings, installing new bike parking, and two bike vending machines. She also negotiated with Curtin University to allow bikes on their on-campus buses, encouraging multi-modal travel for staff and students.

Her passion for active transport extends beyond work. Shannon is the co-founder and chair of 'Streets for People' an organisation that advocates for designing active and vibrant places for people. She is also an affiliate of the Vincent Chapter of Cycling Without Age.